

FREDERICK COMMUNITY ACTION AGENCY

Annual Report to the Community

Fiscal Year 2013: July 1, 2012 through June 30, 2013



Hon. Randy McClement, Mayor, City of Frederick
Seaven Gordon, Chairman, Community Action Board of Directors
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and Friends for Neighborhood Progress, Inc.

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Ausherman Family Foundation, The Community Foundation of Frederick County,
Delaplaine Foundation, G. Frank Thomas Foundation, George L. Shields Foundation,
Randall Charitable Trust, United Way of Frederick County, William E. Cross Foundation,
Women's Giving Circle of Frederick County, and the Estate of Shirley C. Wolfe



Ausherman
Family Foundation



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of Frederick County



THE COMMUNITY FOUNDATION
of **FREDERICK COUNTY**
For Good. Forever. For Frederick County.

FREDERICK COMMUNITY ACTION AGENCY

Through a wide array of programs and services, the Frederick Community Action Agency (FCAA) provides food, shelter, medical care, housing, and other forms of assistance to families and individuals that are low-income or homeless. Started in 1968, the FCAA is sponsored by the City of Frederick and Friends for Neighborhood Progress, Inc. During fiscal year 2013, the FCAA served 6,897 different clients (adults and children). Specific program statistics are described below:

Food and Nutrition Programs

Frederick Soup Kitchen: The Frederick Soup Kitchen provides an evening meal seven days a week and serves over 2,680 meals per month. Started in 1983, the Frederick Soup Kitchen is staffed by a paid cook and over 250 volunteers who serve a free evening meal to anyone in need. The Frederick Soup Kitchen served a total of 32,176 meals during FY 2013.

Frederick Foodbank: Approximately 700 to 800 households use the Frederick Foodbank each month. The Foodbank is staffed by 50 volunteers and provides a three- to five-day supply of food to families and individuals that are experiencing an economic crisis. During FY 2013, the Frederick Foodbank provided food to 3,868 needy families. In addition, over 1,000 turkeys and other food items were distributed to needy families for the Thanksgiving holiday.

Summer Food Service Program: Funded by the U.S. Department of Agriculture, the Summer Food Service Program was initiated during the summer of 1994. The program provides a free lunchtime meal to children age 18 and younger and targets low-income children who receive free or reduced-price lunches during the school year. The nutritious and balanced meals are served Monday through Friday during the months of June, July, and August. A total of 20,138 meals were served during the summer of 2012 and a total of 19,650 meals were served at nine (9) feeding sites during the summer of 2013.

Backpack Program: Through a partnership with Hillcrest Elementary School, FCAA staff members and volunteers fill 150 backpacks with nutritious food items each week during the school year and school staff distribute the backpacks to needy children that are at-risk of hunger and malnutrition. The backpacks are filled with food items that children can easily prepare and eat over the weekend when school meals are not available.

After-School Snack Program: FCAA staff members order and distribute nutritious snacks for an After-School Program operated by the Police Activities League (PAL). The cost of the food items is reimbursed by the U.S. Department of Agriculture.

Outreach and Transportation Programs

Outreach Services: FCAA outreach workers and other staff perform outreach to local shelters, streets, woods, and other areas where homeless people can be found; a total of 5,652 encounters (client contacts) with 2,396 different homeless or lower-income clients occurred during FY 2013.

Transportation Services: On weekdays, the FCAA operates a free van run that transports people to a variety of health and human service agencies located around Frederick City; 1,184 client transports were performed during FY 2013.

Homeless Service Programs

PATH Project: The federally funded PATH Project provides case management services to people who are homeless and have a serious mental health problem. Initiated in 1992, PATH Project staff work closely with local therapists and psychiatrists to ensure adequate access to mental health treatment services for homeless people. A total of 393 homeless clients received PATH services during FY 2013.

Transitional Shelter: The Frederick Transitional Shelter is a 31-bed shelter that was built by the City of Frederick and is operated by the FCAA. The shelter provides transitional housing and a wide range of supportive services for homeless families and physically disabled adults. The Transitional Shelter provided 11,218 bednights (one person in one bed for one night) of shelter to 91 different persons (adults and children) during FY 2013.

Transitional Apartments: The Transitional Apartments provide long-term transitional housing and supportive services for homeless families. Families residing in the Transitional Apartments must first be admitted to and stabilized at the Transitional Shelter. The Transitional Apartments provided 2,012 bednights of shelter to 7 different persons (adults and children) during FY 2013.

Health Care Programs – a total of 1,735 patients were served in the following programs:

Health Care for the Homeless: The Health Care for the Homeless (HCH) program, initiated in 1989 through a federal grant from the Department of Health and Human Services, provides primary health care and supportive services to people who are homeless. The FCAA operates a primary health care clinic that is staffed by Nurse Practitioners, Physician Assistants, and Physicians. A total of 341 different patients that were homeless were treated in the clinic during FY 2013 for a total of 608 medical encounters (visits to the clinic).

Primary Adult Care Program: The state-funded Primary Adult Care (PAC) Program provides primary health care, case management, and ancillary services to very low-income adults enrolled in the program. The PAC program served 126 different low-income adults during FY 2013 for a total of 252 medical encounters.

Access to Care: The Access to Care (ATC) program was initiated in 2008 through a grant from the Maryland Health Resources Commission. The ATC program provides primary health care services to adults and children that are uninsured and have incomes below 200% of the federal poverty level. A total of 378 uninsured patients were seen during FY 2013 for a total of 738 medical encounters.

Medical Assistance Provider: In addition to other health care services, the FCAA is a participating provider with Priority Partners MCO and Maryland Physicians Care MCO and also accepts patients with Unrestricted Medical Assistance. A total of 62 Medical Assistance patients were seen during FY 2013.

School-Based Health Center: Through a partnership with Frederick County Public Schools and the Ausherman Family Foundation, the FCAA began operating a School-Based Health Center (SBHC) during the summer of 2011. Staffed by a Pediatric Nurse Practitioner and a Physician Assistant, the SBHC now serves students from Lincoln, Hillcrest, Waverley, and Monocacy Elementary Schools as well as their younger siblings; 642 patients were seen for a total of 1,107 medical encounters during FY 2013.

Community Action – Helping People, Changing Lives!

Housing Counseling, Weatherization and Housing Assistance Programs

HUD-Approved Housing Counseling Agency: The FCAA is a *HUD-Approved Housing Counseling Agency* and provides pre-purchase, default, reverse mortgage, and rental counseling as well as homebuyer education classes for first-time homebuyers. FCAA Housing Counselors also assist lower-income homeowners in applying for housing rehabilitation loans and grants. FCAA housing counselors assisted a total of 985 households during federal fiscal year 2012 including 671 families facing mortgage defaults and 223 families that received pre-purchase counseling and homebuyer education.

Weatherization Assistance Program: The Weatherization Assistance Program provides home weatherization services for income-eligible households living throughout Frederick County. A total of 183 housing units were weatherized during FY 2013, twenty-eight (28) inefficient or dangerous HVAC systems were replaced, and an additional 54 households are awaiting weatherization services.

Housing First Program: The Housing First Program provides subsidized permanent housing to people who need it the most – chronically homeless, disabled individuals that are literally living on the streets of Frederick. With funding from HUD and other sources, the FCAA has established eighteen (18) scattered-site Housing First units that currently house twenty-two (22) formerly homeless adults (some are two-bedroom shared units); supportive services like case management, health care, and transportation are provided by FCAA staff.

Case Management Programs

Service-Linked Housing Program: The Service-Linked Housing (SLH) Program provides case management services to lower-income families residing in permanent housing. During FY 2013, a total of 208 families were served through the SLH Program; 48% of those served currently reside in subsidized housing and 14% of the families were formerly homeless.

Medbank Program: The Medbank Program helps uninsured and under-insured people to access free prescription medications made available through patient assistance programs operated by pharmaceutical companies; during FY 2013, a total of 487 clients were assisted and received prescription medications valued at \$202,401.

THANK YOU!!!

The Frederick Community Action Agency would like to take this opportunity to thank over 350 volunteers that work in the Foodbank, Soup Kitchen, and Primary Care Clinic; more than 1,000 local donors including many corporations, civic organizations, and religious institutions; and grantors including the Frederick County Government, U.S. Dept. of Housing and Urban Development, U.S. Dept. of Health and Human Services, U.S. Dept. of Agriculture, Md. Dept. of Housing and Community Development, Md. Dept. of Human Resources, Md. State Dept. of Education, Md. Dept. of Health and Mental Hygiene, Ausherman Family Foundation, The Community Foundation of Frederick County, Delaplaine Foundation, G. Frank Thomas Foundation, George L. Shields Foundation, Randall Charitable Trust, United Way of Frederick County, William E. Cross Foundation, Women's Giving Circle, and the Estate of Mrs. Shirley C. Wolfe.



"The moral test of a government is how that government treats those who are in the dawn of life - the children; the twilight of life - the elderly; and the shadows of life - the sick, the needy, and the handicapped."

Hubert H. Humphrey ~ November 1, 1977